

# Post-professional degree research training (fellowship) (B10)

## 2026-2027 - Health Sector

FONDS DE RECHERCHE DU QUÉBEC

Competition year :	2026-2027
Deadline (application) :	October 8, 2025, at 4:00 p.m. (EST)
Announcement of results :	April 2026
Amount :	\$45,000 per year
Duration of Funding :	2 years

### IMPORTANT REMINDERS

**IMPORTANT:** The application form for this competition will be available shortly on the new FRQnet Portal.

It is the applicant's responsibility to familiarize themselves with the rules of this program and the [Common general rules common \(CGR\)](#) of the Fonds de recherche du Québec (FRQ). The program rules provide additional details and information to the CGR. In case of discrepancy with the CGR, the program rules prevail.

A PDF version and an accessible version of the program rules are available in their entirety in the toolbox.

Scholarship applications must be submitted through the Application Space on the [FRQnet portal](#), the transactional interface used by the FRQ for submitting funding applications and managing awards. To submit an application, applicants must first create an FRQnet account. **By the competition deadline, October 8, 2025, at 4:00 p.m., the status of the application in the Application Area of the FRQnet portal must be "submitted to the Fonds." Any application with a different status will be inadmissible.** It is not possible to submit an application or add a document to the application after the competition deadline.

The FRQ has been a signatory to the San Francisco Declaration on Research Assessment (DORA) since 2020 and to the Coalition for Advancing Research Assessment (CoARA) since 2023. This dual membership marked the starting point for a strategic project: the Evolution of Research Excellence Assessment (E3R).

Through this project, the FRQ promotes a qualitative approach to research assessment supported by the responsible use of quantitative indicators. By aligning its policies with

these principles, the FRQ is committed to a gradual process of adapting and transforming assessment practices.

**Technical questions about the application form?**

FRQnet IT Help Desk: [centre.assistance@frq.gouv.qc.ca](mailto:centre.assistance@frq.gouv.qc.ca)

In the event of a discrepancy between the English and French versions of this program, the French version prevails.

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# 1. Objectives

The objective of the Fonds de recherche du Québec's training fellowships is to help ensure the next generation of researchers in all research sectors: natural sciences, mathematics, and engineering (Nature and Technology); human health (Health); humanities, social sciences, arts, and literature (Society and Culture).

More specifically, the post-graduate professional fellowship aims to:

- Stimulate the interest of recent professional doctorate graduates in furthering their training and broadening their field of research;
- Encourage mobility to stimulating and dynamic scientific environments;
- Promote integration into new networks and the development of new collaborations;
- Encourage the acquisition of new skills, such as the ability to foster dialogue between science and society;
- Attract and retain the best talent in Quebec.

This particular program is intended for human health professionals who wish to acquire research training after obtaining their professional degree. It aims to enable them to pursue a career as both a clinician and a researcher. Those enrolling in this program must plan to devote at least 75% of their time to research.

## 2. Funding characteristics

### 2.1 Value and duration of the scholarship

The annual value of the post-professional degree scholarship is **\$45,000**.

The maximum amount that can be awarded is six payments totaling **\$90,000**.

Any recipient of this scholarship is eligible to apply for an extension of funding for up to one year. The program rules for an additional year of scholarship funding are available for each sector on the [FRQ website](#) and are updated annually.

Recipients of a scholarship from a federal government funding agency who have also received and accepted an offer of funding from the Fonds under this program may benefit from this additional year, if applicable.

## 2.2 Supplement for host institutions located outside Quebec

This supplement, worth \$10,000 per year, is **only** available to applicants who indicate a host institution located outside Quebec at the time of application. If granted, the supplement will be awarded if the scholarship recipient's place of residence is outside Quebec (see section 3.4 for the conditions of use of the scholarship outside Quebec).

In the case of co-supervision in a host institution located outside Quebec, the annual supplement is conditional on a minimum presence of 180 days per year in the host institution.

If awarded, scholarship recipients who are eligible for this supplement are also entitled to reimbursement of certain travel expenses (see section 8.7).

## 3. Eligibility requirements

Applicants must meet the following eligibility requirements. If awarded, the conditions described in sections 3.1 and 3.4 to 3.6 must be met throughout the duration of the fellowship.

### 3.1 Basic requirements

To be eligible for this program, applicants must:

- pursue full-time post-graduate professional training in one of the fields covered by the Health Fonds;
- hold or be in the process of obtaining a professional university degree in human health and a valid license to practice in Quebec at the time the scholarship comes into effect and for its entire duration.

In addition, in accordance with section 2.1 of the CGR, to be eligible to apply for a scholarship under this program, applicants must have:

- Canadian citizenship or permanent residence in Canada, and
- a Régie de l'assurance maladie du Québec (RAMQ) card valid on the competition deadline date, or proof that a card has been requested from the RAMQ and will be valid on the competition deadline date, or if they are in the process of renewing their RAMQ card on the competition deadline date, proof that a new card has been requested from the RAMQ and a copy of their expired card.

If either or both of the above conditions are not met, the candidate remains eligible provided that they submit the consent form and a letter of acceptance of supervision

from their supervisor (see section 4.2). In addition, they must complete their post-professional diploma internship in Quebec (see section 3.4).

### 3.2 Eligibility period

To be eligible for a post-professional degree scholarship, applicants must, by the competition deadline, expect to complete their professional degree no later than **March 1, 2027**.

### 3.3 Restrictions

During a given year, **only one application** may be submitted for one of the following programs, regardless of the target sector:

- Master's Research Scholarships (B1)
- Master's Research Scholarships for Medical Students (B1M)
- Master's Research Scholarships for Individuals with a Professional Health Degree (B1DP)
- Master's Research Scholarships in Partnership (B1P)
- Doctoral Research Scholarships (B2)
- Doctoral Research Scholarships for Medical Students (B2M)
- Doctoral Research Scholarships for People with a Professional Health Degree (B2DP)
- Doctoral Research Scholarships in Partnership (B2P)
- Postdoctoral Scholarships (B3)
- Postdoctoral fellowships in research-creation (B5)
- Post-professional degree research training (fellowship) (B10)

In accordance with section 3.1 of the CGR, it is not possible to combine several FRQ training fellowships.

Individuals who have received or are currently receiving a post-graduate professional research fellowship from a Quebec or Canadian funding agency (e.g., SSHRC, NSERC, CIHR, FRQ) are not eligible for this competition.

In accordance with section 2.2 of the CGR, individuals who hold a regular university teaching position are not eligible.

### 3.4 Conditions for using the scholarship outside Quebec

In accordance with section 2.1 of the CGR, to use a training scholarship outside Quebec, the applicant must have:

- Canadian citizenship or permanent residency, and
- a Régie de l'assurance maladie du Québec (RAMQ) card valid on the contest deadline date, or proof that a card has been requested from the RAMQ and that its validity will cover the contest deadline date, or if the contestant is in the process of renewing their RAMQ card on the contest deadline date, proof that a new card has been requested from the RAMQ and a copy of their expired card.

**If either or both of the above conditions are not met, the candidate must complete their post-professional degree internship in Quebec.** Continuous physical presence in Quebec is then required for the entire duration of the funding, excluding breaks scheduled in the academic calendar. However, travel outside Quebec may be authorized if it is deemed essential to the proper conduct of activities related to the post-professional internship and does not exceed 180 days per year or 180 consecutive days. To take advantage of this provision, the scholarship recipient must submit a [declaration of stay outside Quebec](#) endorsed by the research supervisor to the FRQ for approval.

**Applicants who are not eligible to use their scholarship outside Quebec at the time of application will not be eligible to do so during the award period, even if their citizenship or residency status changes during the award period.**

### 3.5 Choice of host environment(s)

The proposed host environment(s) must enable the candidate to integrate into new networks in order to broaden their research perspectives and develop collaborations in a high-quality scientific environment. The Fonds encourages mobility, whether in Quebec, outside Quebec, or internationally, when the program's eligibility requirements allow.

The candidate must plan to be present in the supervisory or co-supervisory environment for the entire duration of the internship. However, field research or data collection trips are permitted, subject to the eligibility requirements for using the scholarship outside Quebec. When field research or data collection trips exceed a period of six months, co-supervision must be formalized in the application (see section 4.2).



## 3.6 Supervision and co-supervision

The internship must be supervised by a person whose position or university affiliation allows them to independently supervise graduate students and research projects.

The internship may also be co-supervised. If this is the case, the candidate must indicate this on their application form. Co-supervision must be provided by a person who holds a regular position at a university or a full-time paid position at a university-affiliated service institution, a company, a public, parapublic, community, private, or professional organization, or any other relevant setting. Their expertise must be considered relevant to the completion of the internship.

Supervision and co-supervision of the internship come with a commitment to responsible research conduct, adherence to ethical and integrity standards, and encouragement of the candidate's own commitment to ethics and responsible research conduct.

## 4. Application

The electronic application form for post-professional scholarships is available in the Application section of the [FRQnet portal](#) at least one month before the competition deadline. Applicants can also consult the various guides about FRQnet available in the Documentation tab at the top right of the FRQnet portal.

It is the applicant's sole responsibility to choose:

- the right funding program
- the correct form
- within that form, the appropriate FRQ sector, as well as the committee it deems relevant for the evaluation of its application

In the event of an error, the Fonds will not transfer any program, form, sector, or evaluation committee to another.

Applicants must prepare their files well in advance in order to obtain all the required documents and submit the form within the required time frame. They must also take into account the high volume of applications submitted to the Fonds at the end of the competition, if applicable.

In accordance with section 3.6 of the [CGR](#), the scholarship application form must be completed in French.

However, documents attached to the form may be written in French or English and must comply with the [File Attachment Presentation Standards](#).

**Applicants are entirely responsible for their applications. Applications must be complete and meet all program requirements. If any of the required documents are missing, the application will be deemed ineligible.** No documents received after the competition deadline will be considered. No documents that are not required will be submitted to the evaluation committee.

Submission of a scholarship application implies a commitment to read and comply with the [Standards of Ethics and Integrity](#), the [Open Access Policy](#), and the [Policy on Responsible Conduct in Research](#).

## 4.1 Selection of the assessment committee

The candidate chooses the assessment committee that will evaluate their application. To do so, they can consult the [list of evaluation committees](#) for the selected sector.

## 4.2 Documents required from the applicant

### 4.2.1 RAMQ card

Candidates who are Canadian citizens or permanent residents must attach the following to the application form:

- a Régie de l'assurance maladie du Québec (RAMQ) card valid on the competition deadline date, or
- proof that a card has been requested from the RAMQ and will be valid by the competition deadline, or
- if the applicant is in the process of renewing their RAMQ card by the contest deadline, proof that a new card has been requested from the RAMQ and a copy of their expired card.

In accordance with section 3.4 of these rules, candidates who are not Canadian citizens or permanent residents of Canada, or who does not hold one of the two documents above, remains eligible for this competition but must complete their internship at a university in Quebec.

### 4.2.2 Transcripts

**Any transcript that is missing, incomplete, illegible, unofficial, does not include a statement of compliance, or is not up to date will render the application ineligible.**

A copy of all transcripts is required for all university studies completed by the applicant, whether completed or not. This includes transcripts obtained through exchange

programs or courses that led to equivalencies, if applicable. Transcripts must show all results obtained in university courses and programs.

For a **program of study currently in progress**, the transcript must:

- be up to date, i.e., it must have been issued no earlier than July of the year in which the competition opens, and
- show all results obtained in the last semester completed before the competition deadline, including the summer semester, if applicable

The elements that make a transcript official may differ from one academic institution to another. However, in order to be considered official by the Fonds, each transcript must:

- be issued by the academic institution concerned, and
- include information indicating that it is an official transcript for that academic institution. This may include the academic institution's seal or the registrar's signature, or a statement such as "Official Transcript," etc.

A watermark does not render a transcript unofficial as long as the above requirements are met. A sealed envelope containing the transcript and delivered by the registrar's office may be opened and its contents scanned. Transcripts available online must be converted to PDF format and attached to the application in the appropriate section of the form. If there is any doubt about the authenticity of a transcript, the Fonds reserves the right to verify it with the applicant and, if necessary, with the institution concerned.

**Other documents to be attached, if applicable, to the file with the transcripts:**

- In the case of transcripts obtained outside North America, a document explaining the grading system in use. The document attached to the file must explain the grading system used very clearly, to enable the evaluation committee to understand the transcripts properly.
- If no transcripts are issued, an explanatory document from the institution (registrar's office or equivalent administrative body) specifying the reasons why these transcripts are missing. The Fonds reserves the right to verify the admissibility of the reasons given.
- If no transcripts are issued and the applicant is unable to obtain an explanatory document from the university, an explanatory document from the applicant, endorsed by a competent authority in the host community, justifying the absence of transcripts. The Fonds reserves the right to verify the admissibility of the reasons given.

### 4.2.3 Curriculum vitae

Applicants must attach the FRQ descriptive curriculum vitae (CV) to the application form. There are two options for completing and submitting this document:

- Complete the FRQ descriptive CV directly online, in the "Other CV-FRQ" section of the Application Area of the FRQnet portal.
- Complete the FRQ descriptive CV using the FRQ CV template, following the [FRQ descriptive CV instructions](#) and the [File Attachment Presentation Standards](#) (PDF) to FRQnet forms. All of these documents are available on the "[FRQ CV](#)" [page](#).

Only FRQ CVs that have been updated within the last year and are no longer than 6 pages (or 5 pages for English versions) will be accepted for this program.

The information provided in this descriptive CV must be aligned with the program objectives (section 1) and evaluation criteria (section 5). As such, it is recommended that the information be clearly structured into subsections identified with the relevant evaluation criteria or subcriteria, so as to highlight the elements relevant to the evaluation.

#### 4.2.4 Other documents to be attached to the form

Applicants must also attach the following documents to the appropriate sections of the application form:

- **Integrated presentation of the candidate's background** (1 page maximum): the candidate must establish links between their experiences and interests, on the one hand, and their career choices, education, and academic and professional background, on the other. Although there are no evaluation criteria associated with it, the integrated presentation of the candidate's background can help the evaluation committee better understand, contextualize, and evaluate the candidate's academic record, background, and contributions. Candidates are not expected to provide personal or sensitive information.
- **Awards** (1 page maximum): If applicable, the candidate must describe any scholarships, prizes, and distinctions they have received, as well as the terms and conditions of their award.
- **Research project** (maximum 3 pages): The candidate must describe their research project. They must demonstrate the originality of the project and its potential to contribute to the advancement of knowledge; the clarity and consistency of the research question; the relevance of the conceptual framework and methodology; and the feasibility of the project and the realism of the timeline.
- **Bibliography** (maximum 1 page): Applicants must list the complete references for the works used in the description of the research project. In accordance with section 3.2 of the CGR, hyperlinks to web pages may be included as bibliographic references when relevant.

- **Justification and relevance of the host environment** (maximum 1 page): the candidate must justify the choice and relevance of the supervision or co-supervision environment for the completion of their research project, including their integration plan. They must also demonstrate the added value for the development of their career plan. To do so, it is recommended that they address the following points:
  - the elements that make this supervision or co-supervision environment particularly appropriate for carrying out their research project and conducive to their integration
  - how the supervision or co-supervision environment will enable them to enrich their experiences and broaden their field of expertise

#### 4.2.5 Documents for exceptional measures

Candidates who wish to avail themselves of an **exception measure concerning the supervision or co-supervision environment** (see sections 3.5 and 3.6) must provide:

- **Justification for the exception** (maximum 1 page): the candidate must demonstrate that their mobility is exceptionally restricted for medical reasons or due to a disability or major family obligations. They must also demonstrate that it is impossible for the internship to take place in an institution other than the one that awarded the doctorate or to be supervised by someone other than the person who supervised the doctoral studies. **This document must be attached to the "Pre-eligibility" section of the form. It will not be forwarded to the evaluation committee.**
- **Supporting documents** for the exception request (maximum 5 pages): e.g., medical certificate, disability recognition, child's birth certificate, tax credit application for informal caregivers, official document or letter from the employer, etc. These documents must be attached to the "Pre-eligibility" section of the form. **They will not be forwarded to the evaluation committee.** Any supporting documents submitted in a language other than French or English must be accompanied by a translation.

### 4.3 Documents required from the person providing supervision or co-supervision

Applicants must identify their post-professional internship supervisor and co-supervisor, if applicable, in the “Milieu d’accueil” section of the form and send them a consent request by clicking on the “Envoyer une demande” button (these individuals must first create an FRQnet account, if you have not already done so). An email will then be sent to the identified individuals and a consent form will be automatically added to the Application Space of their FRQnet portal.

The supervisor of the post-professional internship, as well as the co-supervisor, if applicable, must also attach a letter of acceptance (maximum 2 pages to the Application Space of their FRQnet portal. The Fonds expects the internship supervisor, as well as the co-supervisor, if applicable, to support the candidate's future career development. The letter of acceptance attached to the form is not a letter of recommendation. It must only contain the following information:

- how the candidate's research project fits into their research activities
- the type of supervision offered to the candidate and the activities planned for their integration
- the material resources available to the candidate for the completion of their project, if applicable.

The consent form and letter must be submitted before the candidate submits the scholarship application form. Otherwise, the candidate will not be able to submit their form and their application will be deemed inadmissible. It is the candidate's responsibility to provide the supervisor, and if applicable, the co-supervisor, with the necessary instructions for creating a FRQnet account, and to ensure that the consent form and letter of acceptance are submitted within the prescribed time limits.

Once the consent form and letter have been submitted by each supervisor, no further changes can be made.

#### 4.4 Eligibility Notice

After receiving applications, the Fonds will verify their eligibility. A notice will be sent by email no later than December following the contest deadline to inform applicants of the outcome of the eligibility review of their application and, if applicable, its referral to the evaluation committee. Applications forwarded to the evaluation committee may nevertheless be declared ineligible at any time.

## 5. Evaluation

The process for evaluating scholarship applications is described in Section 4 of the CGR.

### **Academic record and background (35 points)**

- Transcript;
- Awards (prizes, distinctions, and scholarships obtained);
- Achievements (scientific, professional, social, etc.) and relevant experience (related to the research project or background).

### **Interest and potential in research (50 points)**

- Originality of the project and potential contribution to the advancement of knowledge;
- Clarity and consistency of the research question;
- Relevance of the conceptual framework and methodology;
- Feasibility of the project and realism of the schedule.

### **Host environment (15 points)**

- Justification and relevance of the host environment chosen for the project;
- Added value for career development.

### **TOTAL (100 points)**

## 6. Partnerships

The scholarship may be offered in partnership. To do so, applicants must select one or more partners whose research areas correspond to their research topic in the "Partnerships" section of the application form. They must also ensure that they meet the conditions set out in the partner's description, if applicable. If the scholarship is awarded, the Fonds will send the selected partner

### *Pediatric Research Foundation*

#### **Childhood Diseases**

Training scholarships in pediatric research, primarily in the field of diagnosing childhood diseases. Scholarship amount: \$51,000 per year

### *Parkinson Canada*

#### **Parkinson's Disease**

Training scholarships for research related to Parkinson's disease. Applicants must also submit an application to the Parkinson Society of Canada (open to Canadian citizens or permanent residents only).

### *Parkinson Quebec*

#### **Parkinson's disease**

### *Alzheimer Society of Canada*

#### **Alzheimer's disease**

Applicants must also submit an application to the Alzheimer Society of Canada.

Scholarship amount: \$51,500 per year

### *Multiple Sclerosis Society of Canada*

#### **Multiple Sclerosis**

Applicants must also submit an application to the Multiple Sclerosis Society of Canada.

Scholarship amount: \$50,500 per year

### *The Learning Health System Support Unit (SSA) Quebec (the National Training Entity of the SRAP)*

#### **Research focused on and for patients using a learning health system approach**

The Quebec Learning Health System Support Unit (LHSU) is a provincial unit of the Canadian Institutes of Health Research (CIHR) Patient-Oriented Research Strategy (PORS).

The Unit works to continuously improve the Quebec health system and make it learning-oriented. It mobilizes and equips the network to do things differently and achieve the fivefold objective by promoting partnership, integrating science and innovation, and facilitating change. Its Quebec-wide team deploys its expertise by offering training, consultation, tools, facilitation, and networking:

- It builds scientific and experiential knowledge
- It offers à la carte support to project managers in the network
- It orchestrates continuous quality improvement



The National Training Entity (NTE), also part of CIHR's SRAP, is a Canada-wide organization that aims to increase, support, and maintain the capacity for a collaborative, interdisciplinary research environment focused on partnerships with and for patients. The NTE provides answers to changing healthcare questions, thereby helping to improve the patient experience.

The fellowships offered by the FRQ in partnership with the Unit and the National Training Entity allow recipients to hone their skills and gain experience in research with and for patients, network, and work in an interdisciplinary manner with individuals and organizations working in health care using a learning health system approach.

### *Canadian Kidney Foundation and Canadian Society of Nephrology – KRESCENT Program*

#### **Kidney Health**

Applicants must also submit an application to the KRESCENT (Kidney Research Scientist Core Education and National Training) program.

## 7. Announcement of results

The results of the competition will be announced at the end of April. In accordance with section 5.2 of the CGR, individuals who receive a funding offer must indicate their acceptance candidate cannot be reactivated.

## 8. Rules for using the scholarship

The rules presented in section 8 apply in the event of a scholarship. However, applicants are encouraged to read them when applying for the scholarship and to keep them for future reference in the event of a scholarship. **Technical details can be found in a scholarship usage guide, which will be made available when the results are announced.**

To retain the scholarship, the recipient must comply fully with the eligibility requirements and rules in effect at the time of application. In addition, the recipient must comply with the following conditions throughout the duration of the funding:

- Devote themselves full-time to the post-graduate professional internship, subject to the rules on paid work and internships described in section 8.3.2
- Comply with the rules on combining scholarships described in section 8.3.1

The scholarship recipient must notify the Fonds as soon as any of these conditions are no longer met and of any change in their situation that could affect their compliance with the conditions of award. Failure to comply with these conditions (or failure to inform the Fonds) could result in the cancellation of the scholarship and a request for reimbursement of the amounts received.

## 8.1 Effective date of the scholarship

The scholarship must take effect between **May 1 of the year of the offer and March 1 of the following year**. The duration of the funding is determined based on the information provided in the scholarship application. No increase in the duration of the funding is permitted.

## 8.2 Part-time post-graduate professional internship

Part-time work for this program is permitted only in the cases mentioned below, provided that the internship supervisor authorizes it and supporting documents are presented:

**Family obligations or medical condition :** family obligations (e.g., caregiving, primary caregiver for a young child) or medical condition preventing the scholarship recipient from continuing their full-time post-professional degree internship. During periods of part-time work, the scholarship recipient may receive 50% of the value of their scholarship payments.

**Disability:** disability as defined in the Act to secure the rights of persons with disabilities with a view to their educational, professional, and social integration ([RLRQ, c. E-20.1](#)) preventing the recipient from continuing their full-time post-graduate professional internship. The recipient will be eligible to receive the full amount of their scholarship.

In both cases, the total value of the scholarship will not be affected.

## 8.3 Rules on combining activities (scholarships, work, and internships)

### 8.3.1 Combining scholarships

The following table shows permitted combinations, partial combinations, and prohibited combinations.

Type of scholarship/scholarship program	Combination rule
Training scholarships (master's, doctoral, and postdoctoral) from federal government funding agencies: Natural Sciences and Engineering Research Council of Canada (NSERC), Social Sciences and Humanities Research Council of Canada (SSHRC), and Canadian Institutes of Health Research (CIHR)	Combination prohibited except under certain conditions <sup>1</sup>
Training scholarships (master's, doctoral, postdoctoral, in partnership) from Quebec government funding agencies such as the Fonds de recherche du Québec (FRQ)	Cannot be combined
Scholarships from Canadian and Quebec government departments and agencies other than those mentioned above	Combination permitted
Scholarships supporting international mobility in joint supervision or for internships in Quebec or outside Quebec	Combination permitted
Scholarships from the Canada Council for the Arts (CCA) or the Conseil des arts et des lettres du Québec (CALQ)	Cannot be combined if the funding is for the same project
Private sector scholarships, internal scholarships from universities and affiliated centers, and additional scholarships from the internship supervisor	Combination permitted

<sup>1</sup>Partial combination with a scholarship from one of the federal councils

**Candidates who receive a scholarship offer from the Social Sciences and Humanities Research Council (SSHRC), the Natural Sciences and Engineering Research Council (NSERC), or the Canadian Institutes of Health Research (CIHR) must accept it as soon as it is offered.**

However, they are encouraged to accept the FRQ scholarship at the same time in order to benefit from the following advantages associated with it:

- The possibility of converting part of the scholarship into a start-up scholarship (see section 8.10)
- The possibility of extending the award for an additional year (see section 2.1)

In addition, partial accumulation may be considered when the Fonds offers a scholarship with an annual value or duration greater than those of the federal councils, under the following terms:

- When the **annual value** of the Fonds's scholarship is greater than that of the other scholarship offered, its amount is adjusted to make up the difference between the two awards.
- When the **duration** of the Fonds's scholarship is longer than that of the other scholarship offered, the Fonds extends the duration of the funding by the same

amount once the other scholarship has ended, unless the total value of the other organization's scholarship is greater than or equal to the total value of that offered by the Fonds.

A payment cannot be deferred or the effective date of the scholarship delayed in order to receive a scholarship that cannot be combined with another scholarship.

Any payment received in a situation where combination is prohibited will be required to be repaid.

### 8.3.2 Paid work and internships

Any paid work or internship undertaken in addition to the post-professional internship **that does not interfere with research activities** is permitted, without time limits, provided it is approved by the internship supervisor.

In addition, the supervisor or co-supervisor may pay the scholarship recipient a salary in addition to the scholarship to work on the research project funded by the Fonds. The scholarship paid by the Fonds does not constitute a salary.

## 8.4 Payments and management

### 8.4.1 Payment schedule

The annual amount of the scholarship is awarded to the recipient in three installments. Each installment covers a period of four months.

The first installment of the scholarship must be claimed between May 1st of the year of the offer and March 1st of the following year, otherwise the scholarship will be immediately canceled (see section 8.4.3). Within this period, it is possible to begin your post-professional internship at any time. The payment schedule allows for payments to be made on the 15th or 30th of each month, except for July 30 and December 30. The detailed payment schedule, including the periods during which claims can be made, can be found in the technical guide for using the scholarship. If awarded, the scholarship recipient can consult their payment schedule on their FRQnet portal.

### 8.4.2 Conditions for payments

The scholarship recipient must meet all the conditions associated with their payments, which are described in the following table.

Payments	Conditions for payments
All payments	<ul style="list-style-type: none"><li>• Declaration of status and scholarship</li></ul>
1st	<ul style="list-style-type: none"><li>• Proof of initial submission of doctoral thesis</li><li>• Certificate of attendance at the internship location</li><li>• For individuals who declared a childcare facility located outside Quebec at the time of application and who wish to obtain the supplement for childcare facilities located outside Quebec, the residential address outside Quebec</li></ul>
3rd	<ul style="list-style-type: none"><li>• Proof of doctoral degree or proof that the program requirements have been met</li></ul>
4th	<ul style="list-style-type: none"><li>• For individuals holding a scholarship in the health sector, submission of certificates of completion for levels 1 and 3 of the <a href="#">Ministry of Health and Social Services' research ethics tutorial</a>, if applicable</li><li>• Certificate of attendance at the internship site</li></ul>

### 8.4.3 Cancellation of a payment or scholarship

The first installment of the scholarship must be claimed no later than March 1 following the year of award, otherwise the scholarship will be immediately canceled. From the second installment onwards, an installment will be canceled, after prior notice, if it is neither claimed nor deferred, or when the required documents are not received within two months of the start date of the payment period.

The Fonds will terminate the scholarship, after prior notice, if the recipient takes no action in their FRQnet portal for two consecutive payment periods.

The Fonds will also terminate the award, after giving notice, if two consecutive payments must be canceled due to non-compliance with eligibility or re

In addition, the Fonds reserves the right to cancel one or more payments, or the scholarship, in accordance with the [Policy on Responsible Conduct in Research](#).

## 8.5 Deferral of payments

### 8.5.1 Acquisition of relevant experience

The Fonds may authorize the suspension of the post-graduate professional internship for the acquisition of relevant experience (experience within a research team, teaching experience related to the field of training, language study abroad, etc.) for a period of

four months **for each full year of funding granted**. Payment of the scholarship for this period is then deferred until the end of the funding period.

The Fonds reserves the right to reject any application that is insufficiently justified or irrelevant.

The deferral periods allowed for the entire duration of the post-professional degree scholarship may be consecutive if approved by the supervisor.

This provision cannot be used for the first payment. In addition, the scholarship recipient cannot use this provision to accept another scholarship that cannot be combined with this one or to return to paid employment.

### 8.5.2 Leave for illness or family obligations

In accordance with section 6.14 of the [CGR](#), the scholarship recipient may obtain a deferral of payment when the post-professional internship is suspended due to illness or family obligations, for as long as the host university allows.

### 8.5.3 Parental leave

In accordance with section 6.13 of the [CGR](#), the scholarship recipient may obtain a deferral of payment for the birth or adoption of a child for a **maximum period of 12 months**.

## 8.6 Scholarship Supplement for Parental Leave

In accordance with section 6.13 of the [CGR](#), during the authorized suspension of research for parental leave (see section 8.5.3), the recipient may request **a scholarship supplement for a continuous period of eight months** (i.e., for a maximum of two payments).

To be eligible for this supplement, the recipient must have already received a first scholarship payment and suspend their post-professional degree internship. In addition, they must not hold paid employment for the entire duration of the suspension.

In the case of partial accumulation with a scholarship received from a federal agency, the recipient must take the parental leave allowance offered by the federal government.

## 8.7 Reimbursement of travel expenses

### 8.7.1 Eligible expenses

Any scholarship recipient who is eligible for the **\$10,000 supplement for a host institution located outside Quebec** (see section 2.2) is also entitled to reimbursement

of the following travel expenses, provided they are not already reimbursed by other organizations:

- travel expenses for a round trip between Quebec and the supervisory or co-supervisory environment located outside Quebec at the beginning and end of the post-professional degree internship
- travel expenses for their spouse and children for the same round trip

### **Air travel**

The Fonds is responsible for purchasing airline tickets for the scholarship recipient, their spouse, and their children.

If the airline tickets were purchased before the award was granted, the maximum reimbursement amount is equivalent to the price of a round-trip economy class ticket. The award recipient is responsible for providing proof that the airline tickets purchased correspond to the average price of a round-trip economy class ticket.

### **Road or rail transportation**

If the beneficiary travels by car, they receive compensation for each kilometer traveled, up to the price of a one-way economy class airline ticket. If the beneficiary travels by bus or train in economy class, they are entitled to reimbursement of their transportation ticket.

## **8.7.2 Non-eligible expenses**

The following expenses are not reimbursable by the Fonds:

- Airline tickets purchased directly by the recipient after the scholarship has been awarded
- Moving expenses for personal belongings
- Transportation costs for research equipment
- All additional baggage fees imposed by airlines
- Vehicle rental costs
- Parking fees
- Urban public transportation/commuter train costs
- Taxi fares
- Meal and accommodation costs

## 8.8 Changes during the award period

### 8.8.1 Request for change

Any change in the scholarship recipient's situation must be reported. In accordance with section 6.5 of the CGR, the Fonds will ensure that the requested change does not call into question the initial assessment of the application and that it complies with the eligibility requirements and program rules. The request for modification is reviewed by the Fonds for approval. The Fonds may decide to continue, reduce, suspend, or terminate payments. The Fonds may also require reimbursement of amounts paid.

The decision to accept or reject the requested change will be communicated by email.

### 8.8.2 Change in the start date of the scholarship

When a change to the start date of the internship is required, the scholarship recipient must submit a request before the first payment. It is strongly recommended that the request for change be made at the same time as the acceptance of the scholarship offer.

### 8.8.3 Change of host environment

The choice of the new host institution must comply with the relevant program rules (see section 3.5). The scholarship recipient must justify the relevance of the new host institution and demonstrate that this choice is equivalent to the initial proposal.

The Fonds's analysis will take into account the evaluation criteria used to assess the choice of the initial host institution.

### 8.8.4 Change of supervision

The choice of the new supervisor must comply with the relevant program rules (see section 3.6). The scholarship recipient must justify the relevance of the new supervisor's expertise and demonstrate that this choice is equivalent to the initial proposal.

### 8.8.5 Addition of a co-supervisory environment

The addition of a co-supervisor and co-supervisory environment must comply with the relevant program rules (see sections 3.5 and 3.6). The scholarship recipient must justify the added value of this co-supervisory environment.

The co-supervisor must also attach a letter of acceptance.

The Fonds's analysis will take into account the evaluation criteria used to assess the initial host environment.



### 8.8.6 Change to the research project

To change research projects, the scholarship recipient must:

- demonstrate that the new project remains in the same field of research, i.e., it would be evaluated by the same evaluation committee that evaluated the initial project
- demonstrate that the scientific quality of the new project is equivalent to that of the initial project.

They must also specify whether they will remain with the same supervisor, in the same host environment, and in the same department.

The project supervisor must also give their approval, justifying the proposed change.

The Fonds's analysis will take into account the evaluation criteria used to evaluate the initial project.

### 8.8.7 Abandonment or continuation on a part-time basis of the post-professional diploma internship

A scholarship recipient who abandons their internship during the funding period or who decides to continue it on a part-time basis, except in the cases described in section 8.2, is no longer eligible for the scholarship and must notify the Fonds in order to terminate it. Depending on the circumstances, a refund of the current payment may be required.

## 8.9 Final report

In accordance with section 7.2 of the [CGR](#), a final report is required within three months after the end of the period covered by the last payment. The final report allows the Fonds to document the benefits of the scholarship and highlight the impact of the post-graduate professional internship. The awarding of further FRQ funding in another program will be conditional upon receipt of this report.

## 8.10 Convertibility of the scholarship into a start-up grant

A portion of the scholarship (maximum \$15,000) may be converted into a start-up grant if the scholarship recipient obtains a regular faculty position at a university in Quebec. To be eligible to apply for conversion, the recipient must have completed a full year of funding under the post-professional degree fellowship (12 months) or have received three full payments. The effective date of the start-up grant corresponds to the date of appointment.

A copy of the letter of employment stating the start date must then be sent to the Fonds via the FRQnet portal. It is not necessary to provide information regarding remuneration.

The rules for using the start-up scholarship are the same as those for the establishment scholarship under the [Research Scholars Program](#).

The person benefiting from the conversion remains eligible to apply to the above-mentioned program.

Individuals who hold a scholarship from a federal government funding agency but who have also received and accepted an offer from the Fonds under this program may benefit from this conversion, if applicable.

## 9. Open Access Policy

Peer-reviewed publications resulting from research made possible by this scholarship must be made available in immediate open access (without embargo) and under an open license, in accordance with the [Open Access Policy](#) (revised in 2022).

## 10. Promotion of FRQ-funded Research

Scholarship recipients must mention the FRQ's financial support in any report, article, work, peer-reviewed publication, master's thesis, doctoral thesis, written communication, or any other achievement resulting from the scholarship, in accordance with the models established by the FRQ.

Scholarship recipients are solely responsible for the content of their work. The fact that FRQ financial support is acknowledged in a production resulting from an FRQ scholarship does not mean that the FRQ endorses the views expressed therein.

## 11. Effective date of the rules

These rules apply to the 2026-2027 fiscal year.

## 12. Contact

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